

## **Put Some Air in Those Tires**

Now I have always had a special connection with my bicycle. To me it has always represented freedom and a time to get away from it all and have the wind massage all your cares away. I used to go riding quite often but responsibilities over the last several months have not afforded me an opportunity even for a brief ride around the block.

Now my bike sits in my office and is always eager to go. It loves to be outside, smoothly gliding along the road, whirring its contentment as it travels to new adventures. But lately I had been disregarding my old friend and I can tell you that it has been very hard to ignore its constant stares.

I would try to placate it by stroking its cool metal and giving the tires a loving squeeze. Over time I began to notice that the back tire was slowly getting flat. This further delayed any riding because I was frankly too lazy to get the pump and put some air in the tires.

One day I decided to go for a quick ride and headed down the road. It was really quite laborious and not very much fun and it seemed to confirm my recent feelings that in order to get into bike riding again it would take a lot of work.

Well more time past and the tires got flatter and the bike got more depressed and I got more out of shape. I knew that whenever I rode the bike again I would need to at least spend a little time and put some air in those tires. So last week I decided to give it another go. I found the pump, injected some new air into those tired tires and set off for a little adventure. Immediately I felt that old exhilaration.

The wheels were singing and my heart was racing as we bounded down the road together. I guess a little air made a big difference. Do you have some project or aspect of your life that has been dormant for some time? Have you been reluctant to take it up again because of the work and disappointment which might follow? Well my bike and I would just like to encourage you with this thought:

Put a little air in those tires. Pump up that old project with a little time and prayer and you might be surprised at how well it goes.